DANUBE NEUROLOGY NEWSLETTER

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The history of the Danube Symposium (by Professor Franz Gerstenbrand and Professor H.A.F. Schulze, translated and compiled by: Erika Grossmann)

The roots for the foundation of the Danube Symposium (Donausymposium) can be traced back until 1956, when Prof. Dr. Hans Hoff, leader of the University Clinic of Psychiatry and Neurology Vienna was invited to neurological and psychiatric clinics in the former Tchechoslovakia, Yugoslavia and Hungary. In the following years, several lectures were held by Prof. Hoff and Prof. Dr. Gerstenbrand, on the other hand numerous Central and East-European scientists had the chance to travel to the strictly neutral Austria and to exchange scientific experience with the Austrian colleagues. As a consequence of these mutual exchange activities it was finally agreed to organize and to hold an international Symposium called “Donausymposium” in May 1962 in Vienna under the participation of neurological scientists from Austria, Western Germany, Switzerland and Central, East and South-European countries. After the successful conference it was decided to continue this kind of meeting.

The next Donausymposium took place in 1964 again in Vienna, organized by the University Clinic of Psychiatry and Neurology Vienna, chairman of the Organizing Committee was the initiator of the Symposium, Prof. Dr. Hans Hoff. From this year on, the Meeting was to take place every year and the scientific fields of neurology and psychiatry were seperated. The overall goal of the Donausymposium was the mutual exchange of new scientific developments, topics in the field of neurology; member countries of the Danube Group were: Austria, former Western and Eastern Germany, all Central and East-European countries including the former Soviet Union; not participating were: Greece, Turkey and Albania.

In the following years, a legal body, the Danube Symposium Curatorium was organized, headed by Prof. Hans Hoff, later on by Prof. Herbert Reisner, and after his death, Prof. Dr. Franz Gerstenbrand was elected for General Secretary. Prof. Dr. G. Ransmayr was and still is responsible for scientific affairs, he was elected for Scientific Secretary. Instead of Vienna, the Danube Symposia were held in Innsbruck, alternately to one of the member countries. In 1994, Prof. M. Brainin took over the responsibilities of General Secretary, due to the appointment of Prof. Dr. Gerstenbrand to President.

In 1999 Prof. Dr. László Vécsei was elected for General Secretary, therefore the Head Office and Secretariat of the Danube Symposium was transferred to the Department of Neurology, University of Szeged, Hungary. Prof. Ransmayr is the Scientific Secretary, Prof. Gerstenbrand was nominated for Honorary President. Since 1994 the Curatorium and the Managing Board are responsible for the decisions concerning the venues of the meetings; moreover it is of outstanding importance to follow up the new tendencies and developments in neurology, therefore every Danube Symposium consists of a special scientific block called “Continuing Education” with free topics. This fact is also reflected in the name of the Danube Group, which is officially called “Danube Symposium for Neurological Sciences and Continuing Education”. Due to historical reasons, the Danube Group also bears the title “Central and East-European Association for Neurology”.

Amos Korczyn (Tel Aviv)
Szeged, 1999

Vladimir Kostić, Johan Aarli, Franz Gerstenbrand, László Vécsei, Slobodan Apostolski
Belgrade, 2003
2. Summary of the 43rd International Danube Neurology Symposium: 2011 (by Professor Heinz Reichmann)

The 43rd International Danube Neurology Symposium took place in Dresden, October 6-8, 2011. The meeting was quite successful with more than 400 attendees and excellent speakers from whole Europe. The programme consisted of 11 symposia, 2 oral presentations and various industry sponsored satellites. We had almost 100 posters. The main topics included movement disorders, stroke, epilepsy, sleep, multiple sclerosis and dementia. We had the pleasure to host the 11th Congress of the European Society of Clinical Neuropharmacology under the leadership of Professor Ivan Rektor, Brno. In the Opening Lectures we learnt from renowned speakers such as Prof. Brundin, Lund, on current treatment possibilities with stem cells. Professor Brooks, London, discussed functional imaging of Alzheimer’s and Parkinson’s Disease and Prof. Altenmüller, Hannover, introduced music as a driver of neuroplasticity. The 3 days were also used for networking and some collaborations and new friendships were established during our meeting. The meeting supported the basic ideas of the Danube consortium which is the collaboration amongst clinicians and neuroscientists along the River Danube.

3. Programme of the Management Committee Meeting: 2012 (by Professor László Vécsei)

We would like to invite you to attend the forthcoming Management Committee Meeting to be held during the 44th Danube Symposium for Neurological Sciences and Continuing Education, June 7-9, 2012, Szeged, Hungary.

Date and Venue: Hotel Forrás, 8th June, 12.00-13.00 (working lunch)

AGENDA (preliminary):
1) Introduction (Prof. F. Gerstenbrand)
2) Report of the present activities of the International Danube Symposium (Prof. L. Vécsei)
   2.1 Danube Neurology Newsletter (No 21) (August, 2012) will be posted by e-mail (members of International Danube Neurology Association, participants at former Danube Symposia and at the Danube Clinical Neurology Training Courses)
   2.2 Web-site of the DS, with all Danube Newsletters, other important information, e.g.: future meetings, symposia, etc (http://www.szote.u-szeged.hu/neur/danube)
3) Report of the 43rd Danube Neurology Symposium; organized by Professor Heinz Reichmann (6-8 October, 2011, Dresden, Germany)
4) Report of 44th Danube Neurology Symposium (7-9 June 2012, Szeged, Hungary, Professor László Vécsei)
5) Report of future Danube Neurology Symposia (2013: Professor Evzen Ruzicka; (Prague) 2014: Professor Vladimir Kostic (Belgrade)
6) Danube Neurology Teaching Conference (Kazimierz Dolny, September, 2012 Poland) (Professor Z. Stelmasiak)
7) 15th EFNS Congress, Budapest, September 10-13, 2011; 16th EFNS Congress Stockholm (September 8-11, 2012) (Professor L. Vécsei)
9) Future Meetings, Teaching and Training Courses, Exchange Programmes under the auspices of the International Danube Neurology Association: (Danube Neurology Symposia: 2013: Professor Evzen Ruzicka (Praha), 2014: Professor V. Kostic (Belgrade), 2015: Professor H.-P Hartung (Dusseldorf), 2016: applicant: Professor Zvezdan Pirtosek (Ljubljana)
10) European Board of Neurology Examination (Professor L. Vécsei)
11) EFNS Dept-Dept. and Educational Grants 2012 (Professor L. Vécsei)
12) Common scientific activities in different field of neurology (Professor L. Vécsei)
13) Harmonization of Ph.D. Programmes in Europe (Professors Z. Lackovic and L. Vécsei)
14) CONy, VAD, MDPD: 2013-2014 (Professor A. Korczyn)
15) World Congress of Neurology, Danube Neurology Session (Vienna, 2013) (Professor L. Vécsei)
16) Neurorehabilitation Program in the Danube Countries (Professors H. Binder and F. Gerstenbrand)
17) Finances of the Danube Neurology Symposia, Training and Teaching Courses: 70:30 between the local organizers and the permanent International Danube Neurology Association Secretariat or to transfer the amount of min. EUR 2,500 to the Secretariat
18) Discussion of the collaboration with EFNS, WFN, EPDA, EBC, EAN and other neurological organizations (Prof F. Gerstenbrand)
19) Varia and Closing remarks (Prof. F. Gerstenbrand)
4. Programme of the 44th International Danube Neurology Symposium: 2012 (by Professor László Vécsei)

7th June (Thursday)

9.00-9.10 Opening (Franz Gerstenbrand Honorary President of Danube Symposium László Vécsei General Secretary of Danube Symposium and Dean of the Medical Faculty, University of Szeged)

Honorary Lectures
Chairs: Gerstenbrand, F. (Vienna) and Vécsei, L. (Szeged)
10.10-10.30 Coffee break

New Avenues in Neurology I.
Chairs: Csiba, L. (Debrecen) and Tiu, C. (Bucarest)
10.30-10.50 Weydt, P. (Ulm): PGC-1a in neurodegeneration: from mechanism to modifier.
10.50-11.10 Bereczki, D. (Budapest): Evidence based medicine: how does it stand in the era of personalized medicine?
11.10-11.30 Csiba, L. (Debrecen): Recent advances and perspectives of acute stroke therapy.
11.30-12.00 General discussion
12.00-13.00 Lunch

Session of the Romanian Neurological Society
Chairs: Bajenaru, O. (Bucarest) and Muresanu, D.F. (Cluj Napoca)
14.40-15.05 Tiu, C., Terecoasa, E., Gavan, C., Bajenaru, O.: Does the lipid profile influence the stroke subtype?
15.05-15.30 Mindruta, I.: Study of ictal pattern in patients with pharmaco-resistant temporal lobe epilepsy referred for surgery.
15.30-16.00 General discussion
16.00-16.30 Coffee break

New Avenues in Neurology II
Chairs: Bergquist, J. (Uppsala) and Komoly, S. (Pécs)
16.30-17.00 Aradi, I., Németh, Gy. (Budapest): Personalized medicine as the challenge to traditional therapeutics.
17.00-17.30 Molnár, M.J. (Budapest): New therapeutic approaches in neurology.
17.30-18.00 General discussion
19.30 Reception

8th June (Friday)

Special Guest Session
Chairs: Bereczki, D. (Budapest) and Tajti, J. (Szeged)
9.00-9.20 Gerstenbrand, F., Golaszewszki, St., Kunz, A., (Vienna, Salzburg): Stimulation of the proprioceptive system.
10.00-10.20 Coffee break

Multiple sclerosis
Chairs: Kieseir, B. (Dusseldorf) and Vécsei, L. (Szeged)
11.50-12.00 General discussion
12.00-13.00 Lunch

Serbian-Hungarian Neurological Session
Chairs: Sokić, D. (Belgrade) and Vécsei, L. (Szeged)
14.40-15.00 Coffee break
17.00-17.30 General discussion
19.30 Dinner

9th June (Saturday)

9.00-12.00 DANUBE NEUROLOGY SYMPOSIUM and EUROPEAN SOCIETY FOR CLINICAL NEUROPHARMACOLOGY organize TRIBUTE TO ABEL LAJTHA FOR HIS 90TH BIRTHDAY

New Frontiers in Basic and Clinical Neurosciences
Chairs: Battistin, L. (Padua) and Vécsei, L. (Szeged)
9.00-9.15 Introduction by Battistin, L. (Italy)
9.15-9.30 Korczyn, A. (Tel Aviv): Do we need a new definition of Parkinson’s disease?

9.45-11.40 Round Table Discussion: Frontiers in Basic and Clinical Neuroscience
Chairs: Battistin, L. (Italy) and Vizi, E.S. (Hungary)
Bodis-Wollner I., (USA), Ebers, G. (England), Gerstenbrand, F. (Austria), Korczyn, A. (Israel), Sokić, D. (Serbia), Vécsei, L. (Hungary)
11.40-12.00 Conclusion by LAJTHA, A. (USA, New York)

Supported by an educational grant by Epitech Neuroscience Project
The 44th International Danube Neurology Symposium has been organized 7-9th June, 2012 in Szeged. It is the third largest city of Hungary, which is located in the Southern Great Plain, in the confluence of the rivers Tisza and Maros. Szeged is rich in nice buildings: Votive Church, Matthias Church, Szeged City Hall, Szeged Synagogue, Móra Ferenc Museum, Klauzál Square. The famous Open Air Plays is held annually. All of this together, Szeged is not only a cultural city, but also a University city. One Nobel Prize winner in Physiology or Medicine - Albert Szent-Györgyi - lived and worked here.

There have been at about 140 registrated participants from several countries. In 7th June, the "Danube Lecture: 2012" was held by Professor Amos Korczyn (Tel Aviv), which was about “Evidence Based Medicine”. The title of the "Dezső Miskolczy Memorial Lecture: 2012" was “In depth-molecular mapping of disorders of the central nervous system” by Professor Jonas Bergquist Uppsala.

The scientific programme has been rich (some of the lecturers: Baloyannis, S. (Thessaloniki), Ebers, G. (Oxford), Gerstenbrand, F. (Vienna), Kadanka, Z. (Brno), Kieseir, B. (Düsseldorf), Weydt, P. (Ulm)). Six lectures have been said for the Romanian Neurological Society in one section: the main topics were multiple sclerosis, stroke and epilepsy (chairs: Professors Bajenaru, O. (Bucurest) and Muresanu, D. (Cluj Napolca)). In the "Serbian-Hungarian Neurological Session" chaired by Professors D. Sokic (Belgrade) and L. Vécsei (Szeged) presentations were made about Parkinson’s disease, multiple sclerosis, headache, Huntington’s disease, etc. In 9th June the "Danube Neurology Symposium" and the "European Society for Clinical Neuropharmacology" organized a joint section and a “round table discussion” for "Tribute to Abel Lajtha for his 90th birthday" (lecturers: Battistin, L. (Padua), Ebers, G. (Oxford), Gerstenbrand, F. (Vienna), Korczyn, A. (Tel Aviv)); participants of the round table discussion about "Frontiers in Basic and Clinical Neuroscience" were: Battistin, L. (Padua), Bodis-Wollner, I. (New York), Ebers, G. (Oxford), Gerstenbrand, F. (Austria), Korczyn, A. (Tel Aviv), Sokic, D. (Belgrade), Vécsei, L. (Szeged), Vizi, E.S. (Budapest). Before the discussion Professor Vizi had a presentation about non-synaptic transmission in the brain.

The welcome reception took place at Hotel Forrás, and there was a Fishermen’s party on 8th June with famous Szeged fishsoup. These occasions are good to develop new acquaintances and care for the previous connections.

Summary, it was a good and interesting conference with several new informations. We would like to say thanks to the companies supported the symposium, Congress & Hobby Service for the technical organization of the conference, to all of the speakers and delegates for participating in this event.

The European Association of Young Neurologists and Trainees (EAYNT), in cooperation with European Federation of Neurological Societies (EFNS) have arranged interesting events at the 15th congress of EFNS in Budapest. Programmes included a EAYNT Special Session, a hospital visit and a social event. Our aim was to provide information on career planning, improve education, promote friendly collaboration among young European neurologists, explore the relationship of neurology with other specialities and give advice of life-long learning.

- In order to give opportunity to personal connection EAYNT had a booth at the exhibition area during the whole congress. Here colleagues could join the association, meet colleagues and office members, get hands-on information on further activities, grant applications and give feedback on young neurologist matters and trends emerging in their country. It was very impressive the atmosphere of the booth and above all the spirit of unity, which the young neurologists had given to the whole event, together with the Secretary of EAYNT. In the same booth we organized a short quiz associated with a lottery and the lucky participants won reflex hammers, T-shirts. The main prize was a travel grant, won by Julia Buzak from Poland.

- Interesting topics were discussed on the EAYNT Special Session thanks to the speakers:
  1. Wolfgang Oertel (Marburg, Germany) posed several questions about juniors future perspectives and provided a lot of advice to organize an exchange among European Departments of Neurology in his lecture: "How to select the department to work at and become a combined neuroscientist/neurologist?".
  2. Gunhild Waldemar (Copenhagen, Denmark) holds a lecture about: The borderlands between neurology, psychiatry, and internal medicine: future challenges and opportunities. She proposed a collaborative approach between specialities in the scientific research.
  3. We received practical advices about learning strategies from Ray Chaudhuri (London, UK) in his presentation: "Neurology: reading, learning and real life".

This session was an opportunity to listen these interesting and useful lectures, to learn new information in neurology, to meet professors and doctors from other countries.

- After this tiring day one could have a relaxing evening on a restaurant boat with us, on our social event. We were together on a ship on the beautiful Danube, Europe's second longest river.

- Thankfully to the kind invitation of Professor Dániel Bereczki (Head of the Department of Neurology, Semmelweis University, Budapest), we had a hospital visit on the department of neurology, where we had the opportunity to receive an update on neurology training in Hungary, as well as on the routine daily work of Hungarian colleagues. We were able to visit all the departments of the hospital such as neuropathology, the neurophysiology, the neurosonology, stroke department and neurointensive care unit.

We would like to thank the kind help and continuous support for EFNS for arranging these programmes. Further information and pictures are available on our website (www.eaynt.org) and Facebook profile.
Increasing numbers of doctors use smartphones and associated applications (apps) to help everyday clinical care, and the market of health apps is expanding rapidly. This short article aims to highlight some apps that are thought to be useful for the practicing neurologist. The apps introduced here are either free or cost very little, and are available for iPhone but not necessarily for Android or Blackberry. All feedback is most welcome, and a forum on neurological apps is also planned to be established on the homepage of the European Association of Young Neurologist and Trainees (www.eaynt.org).

1. **Medscape**

![Medscape](image1)

Very extensive medical resource including review articles on diseases and conditions (covering neurology), drug database with interactions, description of procedures, medical calculators, news, and CME activity.

2. **ECG Guide**

![ECG Guide](image2)

A comprehensive ECG app with reference text and a large ECG library. Also features multiple-choice quiz questions to test knowledge.

3. **NEJM App**

![NEJM App](image3)

The latest content from the New England Journal of Medicine, including recent articles of research, reviews, commentary, and case materials. There are images, and audio and video content as well.

4. **iTunesU**

![iTunesU](image4)

An easy way to access complete courses featuring audio, video, books and other content, provided by universities, colleges or other schools.

5. **Nerve Whiz**

![Nerve Whiz](image5)

A tool to learn the complex anatomy of nerve roots, plexuses, and peripheral nerves. Features nerve and muscle charts of the upper and lower extremities, sorting enabled by root, trunk, cord, peripheral nerve, action, or muscle name.
6. Snellen

For testing visual acuity at the bedside or in the clinic.

7. Neuro Toolkit

Lots of commonly used neurology and neurosurgery grading scales in one place.

This brief review was much inspired by the recent presentation ‘Making the best of technology’ by Dr. Hannah Cock (London, UK) at the EAYNT Special Session at the 22nd Meeting of the European Neurological Society in Prague, 2012. It was of no intention to promote any of the products, and there are no financial links to any specific product either. The reader has to be aware that the advent and rapid growth of the medical app market has increased the risk of using an app that is unreliable, not evidence based, trivial, or even dangerous. The author takes no responsibility for the content within the apps described above.

8. Future Conferences, Meetings, Courses and Symposia of the International Danube Neurology Association

8.1. The 45\textsuperscript{th} International Danube Neurology Symposium

The 45\textsuperscript{th} International Danube Neurology Symposium will occur in conjunction with the 27th Czech and Slovak Congress of Neurology.

Time: November 20-23, 2013
Organized by: Professor Evzen Ruzicka (Praha, Czech Republic)
E-mail: eruzi@lf1.cuni.cz

8.2. The 46\textsuperscript{th} International Danube Neurology Symposium

Time: 2014
Organized by: Professor V. Kostic (Belgrade, Serbia)
E-mail: vkostic@mail.neurologija.bg.ac.yu or vkostic@sbb.co.yu

8.3. The 47\textsuperscript{th} International Danube Neurology Symposium

Time: 2015
Organized by: Professor H.-P. Hartung (Düsseldorf, Germany)
E-mail: hans-peter.hartung@uni-duesseldorf.de

8.4. The 48\textsuperscript{th} International Danube Neurology Symposium (2016)
applicant: Professor Zvezdan Pirtosek (Ljubljana)

9. Present and Future Activities of the International Danube Neurology Association

- The Danube Neurology Association fosters and coordinates fellowship programs for young neurologists from Danube Countries
- Coordination of future Danube Neurology Symposia
- The Danube Neurology Newsletter is available free of charge (also downloadable) on Internet in electronic version
- Information about future events (Calendar of events)
- We also consider as our task to help with the activity of the EFNS in the Danube-countries.

10. Finances of the International Danube Neurology Association

According to previous decision of the Danube Neurology Curatorium Meeting, the financial sources of the International Danube Neurology Association from all kinds of symposia, conferences, meetings, teaching/training or other kinds of courses under the roof and auspices of our organization, are as follows:

According to a final report of the meetings, symposia, etc. to be handed in electronically to the Head Office in Szeged, Hungary, the financial surplus of all meetings should be divided 70:30 between the Local Organizers and the permanent International Danube Neurology Symposium Head Office in Szeged, Hungary. Or the amount of min. EUR 2,500 is to be transferred – together with the financial report – to the Head Office according to our invoice.

11. Web-site of the International Danube Neurology Association

The home-page of the International Danube Neurology Association consists of:
- the contents of all Newsletter (Nr.1-20)
- Managing and Executive Board Members of Danube Neurology Association
- Past and future Symposia, Conferences, Meetings
- Other further important information.